



# Live good today <u>Live better tomorrow</u>

### TYPE 2 DIABETES: PREVENT BEFORE IT IS TOO LATE



Overweight, genetics, age, hypertension, are risk factors, among others, of developing diabetes. In 2021, **541 million people worldwide were at risk of getting type 2 diabetes.** 80% of those prediabetic people will develop type 2 diabetes within 5 to 10 years if nothing is done<sup>1</sup>.

Diabetes can have consequences on health: it can affect the eyes, kidneys, feet, cause heart conditions or strokes.

However type 2 diabetes can be avoided by managing it at prediabetic stage. Prediabetes is reversible.



A patented bioactive that helps regulate blood sugar levels after meals

**Pep2Dia®** is a whey protein hydrolysate containing an active dipeptide AP, to help prevent type 2 diabetes through effective blood sugar control.

Milk products consumption has been known for a long time to reduce the risk of type 2 diabetes<sup>2</sup>. Seeking to understand which milk components could be involved, French researchers have discovered an active dipeptide AP, and its inhibitor effect on the  $\alpha$ -glucosidase enzyme.

The  $\alpha$ -glucosidase breaks down polysaccharides into glucose. Inhibiting this digestive enzyme with the dipeptide AP lowers glucose absorption into the blood stream.

Living with healthy blood sugar levels, thanks to a natural and efficient ingredient, is now possible with Pep2Dia®!



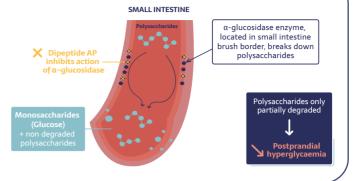
## Scientifically proven efficacy Preclinical and clinical studies have proven the efficacy

Preclinical and clinical studies have proven the efficacy of Pep2Dia® in reducing blood sugar levels after meals.

#### INHIBITION OF $\alpha$ -GLUCOSIDASE ACTIVITY<sup>3</sup>

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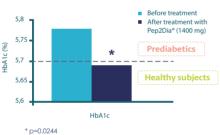
Pep2Dia®'s dipeptide AP has an inhibitor effect on the  $\alpha$ -glucosidase enzyme.



## CLINICAL STUDY ON 21 SUBJECTS WITH GLUCOSE INTOLERANCE<sup>4</sup>

1400 mg of Pep2Dia® daily before lunch for 6 weeks. **No dietary and lifestyle habits changes.** Glycated hemoglobin (HbA1c) is a key parameter to diagnose diabetes and glucose intolerance.

## REDUCTION OF THE GLYCATED HEMOGLOBIN (HbA1c) LEVEL IN PREDIABETICS



(Wilcoxon-signed-rank test) VS before treatment.

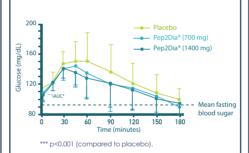
Pep2Dia® significantly decreases the HbA1c level after 6 weeks of supplementation and does not have insulinotropic properties.

It lowers the risk of developing type 2 diabetes.

## DOSE-EFFECT RESULTS ON 15 SUBJECTS WITH GLUCOSE INTOLERANCE<sup>5</sup>

Cross-over, double-blind, randomized and placebo-controlled study with 7 days washout. 3 groups: **700 mg** or **1400 mg** of Pep2Dia® or placebo.

#### **BLOOD GLUCOSE KINETICS**



**700 mg** and **1400 mg** of Pep2Dia® **both reduce the iAUC and the maximum increase in glucose** (respectively -25% p<0.01, -20% p<0.01, compared to placebo).

<sup>a</sup>Incremental area under the curve

Pep2Dia® recommended dose: 700 mg before meals

#### FOR AN EASY INCORPORATION IN APPLICATIONS

Dietary supplements Beverages

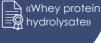
Pep2Dia® is a very flowable powder, easy to rehydrate, stable at pH from 6 to 9, and its bioactivity is preserved when heated.

#### A FOOD GRADE INGREDIENT

Authorized in different countries (USA, Europe, Asia...) NDI approved



WITH A CLEAN LABELLING



SUITABLE FOR LACTOSE INTOLERANT PEOPLE

## PRODUCED IN FRANCE

in an eco-friendly dairy cooperative

## **CONTACT US**

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